

VAPING ON SCHOOL GROUNDS

what you need to know



VAPING AND SMOKING ON SCHOOL GROUNDS IS STRICTLY PROHIBITED BY LAW

EECD Tobacco Free
Schools Policy 702
NB Smoke Free Places Act

WHY?

Laws prohibit the use of vape and tobacco products in public buildings to protect us from the harmful health effects of second-hand smoke and emissions.



MOST VAPE PRODUCTS CONTAIN NICOTINE



Nicotine is highly addictive. One vape juice pod can contain the same amount of nicotine as a pack of cigarettes.

HEALTH IMPACTS

The human brain develops until age 25. Nicotine can affect this development, impacting the parts that control learning, mood, and impulse control.

It also increases the risk of future addictions.



TALKING TO TEENS ABOUT VAPING

- start the conversation and learn some of the words that they use;
- ask if their friends are vaping and if they have considered vaping;
- let them know the dangers of nicotine addiction;
- listen to them, be open and free of judgement and keep the discussion ongoing and
- it is not a "one and done" conversation.